

Action Plan – Module 7 – Action Plan

1. From the Best Practice Ideas (*downloadable with this module*):
 - What action will you be taking?
2. From the Sharing Ideas pdf:
 - What action will you take as an organisation – what suits you best?
3. What action will you now take to retain staff as they transition menopause?
 - Depression, Stress and Anxiety are major causes of absenteeism:
 - Are you confident in understanding the full implications?
 - In-depth training could resolve all your questions.
 - Discuss
4. How will you measure the benefits of the actions you are planning to take?
 - How will you record a reduction in absenteeism?
 - How will you record improved performance or productivity?
 - In-depth training would provide you with more tools
 - Discuss

SimplyHormones covers all of these modules fully in our ½ day workshop providing you with templates and spreadsheet examples to get you started with confidence. Discuss your thoughts with us: enquiries@simplyhormones.com.